

Mental Health/Alcohol and Drug Referral list

Clark County Crisis Line: 1-800-626-8137

Private Practice Counselors

If you have insurance coverage for counseling and are looking for private practice counselor, contact your insurance company and find a provider that specializes in **adolescents** and works with **families**.

Call the counselors and briefly explain your situation and ask if this is something that they work with.

Make sure that the counselor will work with parents/guardians. The more that parents/guardians are involved in the counseling process, the better the outcome for your student.

Kaiser – If you have Kaiser Insurance, you must call 503-249-3434 to make an appointment with a counselor. If there is an emergency, their crisis line is 503-331-6425

Agencies for Drug and Alcohol and Mental Health

(Most of these agencies take state insurance or offer sliding scale fee services to families who do not have mental health coverage). If you go to an agency, ensure that you get a counselor that will work with parents/guardians.

Children's Center 360-699-2244

Columbia River Mental Health and Multicultural Mental Health 360-993-3000

Dougy Center for Grieving Children 1-866-775-5683

Stepping Stones Grief Counseling 360-696-5120

Recommended Books

Parenting Teens with Love and Logic by Cline and Fay

Parenting Your Out-of-Control Teenager: 7 Steps to Reestablish Authority and Reclaim Love by Scott Sells